

ALCOHOL AND OUR DEVELOPING BRAIN

Alcohol affects the frontal lobe which is responsible for decision making, self-control, thinking, and emotions

The human brain does not fully develop until a person's

MID-20s



Alcohol slows down the central nervous system which controls the body's movement

Alcohol affects the cerebellum which controls coordination

Alcohol affects the medulla, which controls the **body's temperature**, causing the body's temperature to fall below a safe level

Alcohol can have long lasting effects on the brain and affect brain structure



THE BRAINS OF
ADULTS AND TEENS PROCESS
ALCOHOL DIFFERENTLY

